

## I don't need a kitchen clock to cook - I have a smoke alarm

We are pleased to welcome you at our restaurant Berchtold and Bar B5

### Declaration

We buy all our meat and fish products primarily from Switzerland. In exceptional cases, our products can also be obtained from other countries.

**Beef = CH Pork = CH Poultry = CH Lamb = IRL Trout = CH**

### Allergens

The health of our guests is very important to us. That is why we inform you about the ingredients of our dishes. Ingredients, which can cause allergies or intolerances, are marked with the following symbols:



#### Gluten free

Which are suitable for people with gluten intolerance



#### Vegetarian

Food in which no meat and fish is included. There are, however, animal products such as eggs, milk, honey etc. used.



#### Vegan

Food without any animal products. Nevertheless, some may have traces of Eggs and milk included. These are foods in which we have no direct influence on production and are merely further processed.

**Additional information about allergens or other ingredients, which cause unwanted reactions, can be obtained from the staff.**



## Salad's

Green salad with apple and pear slices 🍃🚫 Seed mix and house dressing		CHF	9.50
Mixed salad with house dressing 🍃 and seed mix		CHF	10.50
Dandelion asparagus salad with house dressing 🍃🚫 with burrata, pine nuts and sultanas	small	CHF	14.-
		CHF	18.-
Caesar salad with crispy iceberg lettuce, chicken slices and bacon Caesar dressing, parmesan and homemade croutons	small	CHF	17.50
		CHF	21.50
B5 Salad 🚫	small	CHF	17.50
Mixed salad leaves with chicken strips and sweet chili sauce		CHF	22.50








## Soup's

Soup of the day (we are happy to explain you today's offer)		CHF	9.50
Sorrel and chervil foam soup with nasturtium 🍃🚫		CHF	10.50

## Tartare

Planted tartare with dried parsnip chip  	CHF	17.50
served with crispy tomato bun	CHF	25.50
Beef tartare with homemade sea salt butter and herb granita		
served with crispy ciabatta bread	small CHF	21.50
refined with cognac, whisky, or calvados	CHF	29.50

## Vegetarian & fish

Spring tagliatelle with mushrooms 		
green asparagus, peas, peppermint and burrata	CHF	31.50
Lemon chickpea Tortellini  		
on lime coconut coulis	CHF	27.50
Red curry with silken tofu and vegetables   		
served with rice	CHF	27.50
Halloumi breaded in panko flour 		
served with asparagus salad	CHF	26.–
Trout fillets meunière with wild garlic-potato salad and lemon butter	CHF	36.50

## Burger parade

<u>The Classic</u> - with Swiss-Prime beef in a burger bun - cheese, caramelized bacon, red wine onions, salad, tomato and balsamic pickle	CHF	27.50
<u>The Fruity</u> - with chicken escalope in a burger bun - grilled pineapple, lollo rosso, tomato and cucumber	CHF	27.50
<u>The Gardener</u> - with a vegetable patty in a burger bun 🌿 - Mozzarella, basil pesto, tomato and rocket	CHF	27.50
<u>The Pulled</u> - with pork in a kebab bread - Tomato, lettuce, onion and sour cream	CHF	27.50

### *Choose a sauce/dip*

- Homemade Curry Ketchup 🌿
- Tartar 🌿
- Curry 🌿
- Barbecue 🌿
- Salsa Gonzalez 🌿 (V)
- Vegan Chipotle Sauce 🌿 (V)

→ the sauce comes to you separately, including fries

## Meat & poultry

Beef entrecôte Café de Paris ☒ with Bernese fries and vegetable bouquet	CHF	46.–
Sauteed breast of guinea fowl on roasted asparagus ☒ with sauce Rachel	CHF	34.50
Herb lamb with rhubarb chutney and couscous	CHF	42.–
Breaded pork “Schnitzel” with Bernese fries and vegetables	CHF	29.50

### *Alternatively with:*

- Couscous (V) 🌿
- Rice (☒)(V) 🌿
- garlic-potato salad (☒) 🌿
- Tagliatelle 🌿
- Fries (☒)(V) 🌿

## Desserts

Crema Catalana with ginger 🍃ⓧ	CHF	10.50
Strawberry-rhubarb ragout with sesame brittle parfait 🍃ⓧ	CHF	11.50
Raspberry mousse with yoghurt lime sauce 🍃ⓧ	CHF	9.50

→ *We would also be happy to bring you the ice cream menu*

## Suppliers

Food is not just a necessity for us, but a pleasure full of emotions!

When choosing our suppliers, we pay attention to regionality, sustainability and good animal husbandry. In order to ensure quality and improve ourselves and to recognize innovations in the market, we maintain regular contact with our partners.

- Bäckerei-Konditorei Baumgartner, Oberburg (Burger-Buns)
- Familie Severin & Brigitte Strahm, Lobärghof Ersigen (Egg's)
- Milch Land AG, Rüegsbach (Yogurt)
- Espro Amart GmbH, Uetendorf (Sprouts)
- Hans-Ueli und Frieda Salzmann, Oberburg (Potatoes)
- Scana Saviva AG (Grocery)
- Traitafina AG Lenzburg (Delicatessen products)
- Gourmador AG, Zollikofen (French fries, dairy products, vegetables and fruits)
- H.P. Horisberger, Burgdorf (horsemeat)
- Fideco AG, Murten (Comestibles and fish)

The quality of our products and a good cooperation with our suppliers is a matter of the heart for us.

**Your B5 Kitchen - Team**